

# PRASANNA TRUST

## MONTHLY NEWS LETTER

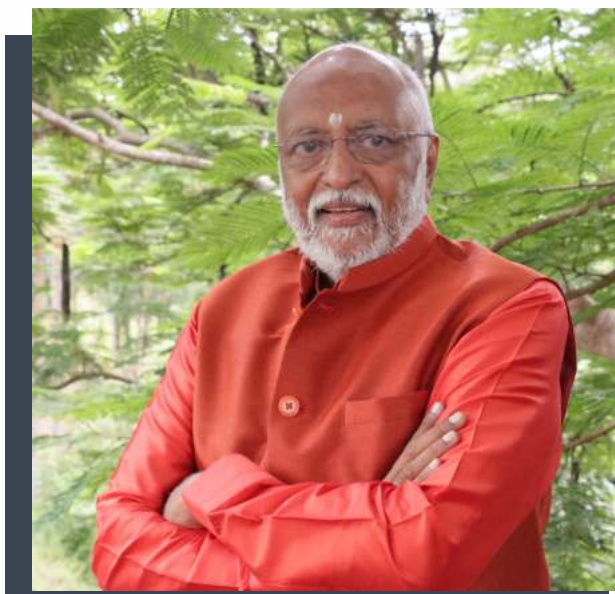
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### FROM SWAMIJI'S DESK

#### PRAYERS AND BLESSINGS FROM SWAMIJI

When we extend kindness, we plant seeds of transformation in the world around us. A simple act of support can ripple far beyond the individual, inspiring hope, trust, and a sense of belonging. In a world that can often feel disconnected, these small gestures serve as reminders of our shared humanity. Whether through a helping hand or a kind word, we reaffirm the bonds that tie us together, uplifting not just the lives we touch, but the communities we build.



**"Learning to value the little things,  
changes how you see the world."**

**- Swami Sukhabodhananda**

## GNANADAANA SCHOLARSHIP DISTRIBUTION EVENT HELD AT NIRGUNA MANDIR



The Gnanadaana Scholarship Distribution event was held on September 20th at Nirguna Mandir, marking a significant collaboration between Prasanna Trust and Shivanssh Foundation (Vikas Poddar family initiative), with additional support from Mr. Sanjay Khaitan and Ms. Sadhana Khaitan from Delhi. Driven by a shared commitment to education, this event provided scholarships to around 50 deserving students, including those pursuing MBBS and Engineering degrees. Along with this, Prasanna Trust has contributed over 100 scholarships this year, further reinforcing their dedication to supporting students in achieving their academic goals.

The event not only demonstrated the power of collective effort but also emphasized the importance of providing opportunities to bright young minds from economically challenged backgrounds. Education is a key to transforming lives, and through these scholarships, we are investing in the future of these students, enabling them to build better lives for themselves and their families. Thanks to all the donors and you are the real hero in their life.

**EMPOWERING YOUNG MINDS THROUGH EDUCATION  
UNLOCKS THE DOORS TO A BRIGHTER FUTURE.**



## A DREAM AGAINST ALL ODDS: THE JOURNEY OF A MEDICAL STUDENT



Darshan K S grew up in a humble farming family, facing many financial challenges. Despite this, he was determined to become a doctor and worked tirelessly to prepare for the NEET exams. His efforts paid off when he secured a seat in medical college,

but the high tuition fees became a heavy burden on his family.

When Darshan reached out to Swami Sukhabodhananda ji of Prasanna Trust, he was reassured with the words, “Don’t lose hope. We will support you.” With the help of Prasanna Trust, Shivanssh Foundation (Vikas Poddar family initiative), Mr. Sanjay Khaitan & Ms. Sadhana Khaitan, Darshan received a scholarship, allowing him to continue his studies.

Looking ahead, Darshan's dedication to his medical studies reflects his strong sense of purpose. He sees his education not merely as a personal achievement but as a stepping stone toward making a broader societal impact. His dream of serving underprivileged areas and giving back to those who have faced the same financial and social barriers he once did speaks to his character and his commitment to social equity. By setting an example of selflessness and compassion, Darshan is becoming a role model for countless others who, like him, face daunting obstacles but hold onto big dreams.

Darshan's journey is a reminder that the seeds of success are often sown through the collective efforts of those who believe in a better future for all.

**"DARSHAN'S JOURNEY ILLUSTRATES THAT WITH DETERMINATION AND SUPPORT, EVEN THE GREATEST CHALLENGES CAN BE OVERCOME."**

# MONTHLY SERVICE UPDATES

## ANNA DAANA



**"A meal shared with kindness can nourish not only the body but also the soul, fostering connections and spreading joy in the most unexpected ways."**

Proper nutrition plays a vital role in boosting stamina and maintaining overall health. Each day, we provide nutritious meals to more than 10,000 people in rural Gov. schools, hospitals, and underprivileged communities, making a meaningful impact on their well-being.

### GIVE INDIA CONSECUTIVE AWARDS



Prasanna Trust is honored to receive the Golden Certificate for clean process from Give India for two consecutive years. This award recognizes our ongoing commitment to transparency and impact in serving underprivileged communities.

**You are the hero in providing a total of 9,478,872 meals so far, and this noble act has allowed the beneficiaries to celebrate life through nourishment.**

**"Sharing is a sacred blessing, breathing life into the soul, elevating the heart, and spreading warmth and happiness wherever it reaches."**

**- Swami Sukhabodhananda**



# Thank you!

## OUR REAL-LIFE HEROES

I extend my sincere gratitude to the Trustees, the dedicated staff of Prasanna Trust, the volunteers, and the esteemed students of Swamiji for their unwavering support.

**Shakila**

COO, Prasanna Trust

Trustee, Prasanna Avatar Foundation, USA

I extend my heartfelt gratitude to our esteemed Trustees for their tremendous support and unwavering commitment to our initiatives. I would like to specially thank Mr. Vikas Poddar and Mrs. Anjali Poddar for their significant collaboration with the Shivanssh Foundation (Vikas Poddar family initiative) in supporting student welfare through the Gnanadaana Scholarship, which is helping to brighten the future of the students. I also wish to express my sincere thanks to Mr. Sanjay Khaitan and Mrs. Sadhana Khaitan for their support of this cause.

I am also deeply grateful to the Jaipuria Family and Mrs. Sheela Goenka for their invaluable contributions towards the Annadaana, Gnanadaana, and Prasanna Jyothi initiatives. We also extend our heartfelt thanks to all the individuals whose support has been instrumental in bringing these projects to fruition. Your collective efforts have made a profound impact, and together we are advancing towards a brighter future.

**“ There Is No Wisdom If One Does Not See  
Wisdom of Charity ”**

*Swami Sukhabodhananda*

